



RESOURCE LIST

PSYCHOLOGICAL SUPPORT SERVICES:

Counseling, Education, Assessment, and Support

Sharon Covington, LCSW-C, Director Sharon.covington@sgfertility.com	301-279-9030
Patricia Sachs, LCSW-C (Rockville) Patricia.sachs@sgfertility.com	301-951-0206
Carol Toll, LCSW-C (Columbia & Rockville) Carol.toll@sgfertility.com	301-924-5124
Ellen Eule, LCSW-C (Frederick, Rockville, Bethesda) Ellen.eule@sgfertility.com	301-229-0055
Laura Covington, PhD., LCSW-C (DC & Fair Oaks) Laura.covington@sgfertility.com	202-412-8022
Karen Wasserstein, PsyD (Fairfax & Rockville) Karen.wasserstein@sgfertility.com	301-351-3474
Mia Joelsson, LCSW-C (PA and Rockville) Mia.joelsson@sgfertility.com	240-454-3002
Tara Simpson, PsyD (Baltimore/Towson & Columbia) Tara.simpson@sgfertility.com	410-303-3402
Erica Mindes, PhD (Richmond) Erica.mindes@sgfertility.com	804-237-8918
Aviella Snitman, PhD (DC) Aviella.snitman@sgfertility.com	202-599-4456
Rachel Brody, LCSW-C (Rockville) Rachel.brody@sgfertility.com	240-801-5984

SUPPORT GROUPS:

Check our website to see monthly updates on support and discussion groups --
(www.shadygrovefertility.com – Psychological Support/Events Calendar)

Email or Call to register for these free monthly groups:

Donor Recipient (Baltimore)	Contact: Tara Simpson
Donor Recipient (DC)	Contact: Laura Covington
General Infertility (Rockville)	Contact: Mia Joelsson
Single women (DC)	Contact: Aviella Snitman
Single women (MD)	Contact: Rachel Brody
Single women (Fairfax)	Contact: Karen Wasserstein
LGBTQ+ Family Building (DC)	Contact: Laura Covington

WELLNESS PROGRAM at SGF:

Acupuncture, Massage, and Nutrition: <https://www.shadygrovefertility.com/your-care-team/wellness-center/request-information>

INFORMATION AND SUPPORT:

RESOLVE, The National Infertility Association: www.resolve.org 703-556-7172

RESOLVE, Mid-Atlantic Region: <http://resolve.org/Regions/mid-atlantic>

RESOLVE online communities: <https://resolve.org/support/find-a-support-group/>

ASRM Patient Information: www.reproductivefacts.org

Donor Conception Network: www.dcnetwork.org

Parents Via Egg Donation: <https://www.pved.org>

Single Mothers by Choice: <https://www.singlemothersbychoice.org/>

Rainbow Families (LGTBQ+ family building support): www.rainbowfamilies.org
info@rainbowfamilies.org 202-747-0407

Family Equality Council: <https://www.familyequality.org>

PREGNANCY-RELATED SUPPORT GROUPS:

Genetic Alliance (information and education on genetic defects)

www.geneticalliance.org 202-966-5557

Support group for those who have terminated a pregnancy for medical reasons:

Rachael Freedman, PhD 301-529-6944 (Bethesda Support Group)

Miscarriage, Infant Death, and Stillbirth (MIS) (Grief support groups and resources)

Fairfax--703-MIS-0911 (703-647-0911) and <http://www.misshare.org>

Capital Hill-- <http://www.capitolmissfoundation.org>

Richmond -- <http://richmond.missfoundation.org/support-group>

ADOPTION INFORMATION AND SUPPORT:

Resolve Adoption Resource: adoption@midatlantic.resolve.org

Families for Private Adoption: www.ffpa.org

Center for Adoption Support and Education (CASE): www.adoptionsupport.org

The Barker Foundation (domestic and foreign adoption agency and resources):

www.barkerfoundation.org 301-664-9664